

# HELENSBURGH THISTLE SOCCER CLUB Inc. Since 189

# **Grading Procedure – Junior**

# Pre-Season Junior Player Grading Procedure

Grading - Ages 8 to 18 years

The purpose of the skill testing is to provide a framework for accessing the player's ability during the grading process.

The 4 core skill sets to be tested are in line with Skills Acquisition Phase (ages 9 to 13). This Phase is 1 of the 4 main building blocks of the National Curriculum set by the FFA. See the Web site, Coaches Corner, for more information.

### Skill Set's to be tested (5min each)

Each player should have at least 2-3 good turns at each skill.

- 1. <u>Running with the Ball</u> Have the player dribble the ball, at pace, out and back around 4 cones; look for control and if the player uses both feet.
- 2. Striking the ball in pairs
  - I. Set distances of 5m, 10m and 20m
  - II. Rate (1 to 5) how well they receive the ball with their left and right feet.
  - III. Have the player pass the ball with their left & right feet, rate (1 to 5) accuracy and technique.
  - IV. 1 touch passing for U12 and up
- 3. First Touch to be graded during Striking the ball testing
- 4. 1v1's can be tested in 1v1 games or noted in the Game play

# Game Play (15mins each round)

Things to do and take note of during Game Play

- 1. Remove any dominant players during the game to allow other players to have a fair go.
- 2. Passing Does the player pass accurately and take the best option.
- 3. Marking Does the player demonstrate an understanding of marking when defending?
- 4. Talks to team mates Does the player talk to his team mates during the game? e.g. Man-on, time, etc.
- 5. Positional Play Does the player maintain some sort of position?
- 6. Playmaker Does the player control the direction of play?
- 7. Tackling ability How well does the player tackle; look for Preparation, Balance and Timing?





Use 1v1 or 2v2 possession if a final decision cannot be made between two or more players.

Once completed the 1<sup>st</sup> round, the grading committee is to assess the group. Depending on numbers select the top and bottom 5 (this should be easy) Put them into a mixed game so you can concentrate on the middle group in round 2.

#### Coaches Input – (round 2 of Game play)

Invite any former Coaches and or prospective Coaches of the team for their input and help during the grading procedure.

#### **Team selection**

This is mainly based on the Game Play. Skill testing scores will be referred to if selections become difficult

#### Team announcement

Announcing teams can be a very stressful time for Players, Parents and the Grading Committee. Sometimes the Grading committee will have problems placing a select few players into the correct team. So rather than be rushed into a decision on the grading night, some players will be placed into the lower team so they can be watched in their first trial game before a final decision is made. Parents of these players will be notified when teams are first announced on the grading night.

Issue 1 – February 2015